

Judges 21:25 ESV *“In those days there was no king in Israel. Everyone did what was right in his own eyes.”*

Psalm 32:8 *“I will instruct you and teach you in the way you should go; I will counsel you with my loving eye on you.”*

Psalm 32:9

*“Do not be like the horse or the mule,  
which have no understanding  
but must be controlled by bit and bridle  
or they will not come to you.”*

Psalm 32:10 *“Many are the woes of the wicked, but the Lord’s unfailing love surrounds the one who trusts in him.”*

2 Chronicles 1:10 *“Give me wisdom and knowledge, that I may lead this people, for who is able to govern this great people of yours?”*

### **God’s will for history**

### **God’s general will for my life**

### **God’s specific will for my life**

Two key elements to transformation:

- Prayer with silence and solitude
- Emotional Health

1 Kings 12:4-14 NIV *“Your father put a heavy yoke on us, but now lighten the harsh labor and the heavy yoke he put on us, and we will serve you.”*

Rehoboam answered, *“Go away for three days and then come back to me.”* So the people went away.

Then King Rehoboam consulted the elders who had served his father Solomon during his lifetime. *“How would you advise me to answer these people?”* he asked.

They replied, *“If today you will be a servant to these people and serve them and give them a favorable answer, they will always be your servants.”*

But Rehoboam rejected the advice the elders gave him and consulted the young men who had grown up with him and were serving him. He asked them, *“What is your advice? How should we answer these people who say to me, ‘Lighten the yoke your father put on us’?”*

The young men who had grown up with him replied, *“These people have said to you, ‘Your father put a heavy yoke on us, but make our yoke lighter.’ Now tell them, ‘My little*

finger is thicker than my father's waist. My father laid on you a heavy yoke; I will make it even heavier. My father scourged you with whips; I will scourge you with scorpions.”

Three days later Jeroboam and all the people returned to Rehoboam, as the king had said, “Come back to me in three days.” The king answered the people harshly. Rejecting the advice given him by the elders, he followed the advice of the young men and said, “My father made your yoke heavy; I will make it even heavier. My father scourged you with whips; I will scourge you with scorpions.”

**Receiving wise counsel is one of the primary tools God uses to direct us.**

Proverbs 28:26 ESV “Whoever trusts in his own mind is a fool, but he who walks in wisdom will be delivered.”

Proverbs 15:12 *“Mockers resent correction, so they avoid the wise.”*

**How do you know who to choose to get wise counsel from?**

**They have nothing to lose by telling you the truth.**

Proverbs 27:6 NLT *“Wounds from a sincere friend are better than many kisses from an enemy.”*

1. Ask someone who is where you want to be.
2. Be attentive to hear God, not just a person.
3. Get advice from people who will help and encourage you to hear God and that are not trying to fix you.
4. Get spiritual direction from wise men and women.
5. Seek advice from authority- spiritual, parental, teacher, employer, etc

This message was inspired from Peter Scazzero and his Emotionally Healthy Spirituality approach to discerning God's will.